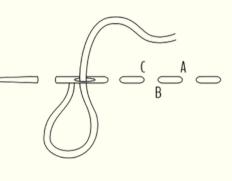


## Running Stitch

A simple stitch perfect for outlining or creating dashed lines.



1. Thread your needle and knot the end of your thread.

**Steps:** 

- 2. **Push the needle up through the fabric.**
- 3. Insert the needle back into the fabric a short distance away (this creates the first stitch).
- 4. Repeat, leaving small spaces between each stitch for a dashed effect.

https://www.youtube.com/watch?v=ui6cZF6GPgQ

